



e-Link

February 2025

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Updates from the CAND team

Exciting Insurance Renewal Information

You can expect to start receiving your annual renewal information via email in the coming weeks, for policies that renew April 1, 2025.

As the new CAND team has been settling in, we have heard loud and clear that you expect to receive this information in a timelier manner and that historic delays have caused issues with registration renewals, we apologize for this. We have also heard suggestion for service enhancements and new products. We totally agree!

Program enhancements are coming, SOON. While we can't share all the details just yet, we're confident these changes will provide greater value, improved service levels, and new coverage options to meet your unique needs.

This won't impact on your coverage renewal in any way. You can expect to receive the renewal package imminently and more information from CAND in the coming days. If you have questions, please don't hesitate to email info@cand.ca.

Members with licensure deadlines looming we are aware of this and have prioritized your renewal notices, please wait to receive your renewal email to ensure a smooth transition.

As we move into March, the CAND Board is preparing for their strategic planning session. Thank you for your thoughtful feedback; we received 110 responses to the strategic planning survey. This information will be critical for the Board as they chart the course for the future. Don't forget the April 9th Member Town Hall at 8:00 pm Eastern, 5:00 pm Pacific, where we will have a sneak peek at the strategic plan (registration link to follow).

June 14th, 2025, is the CAND Annual General Meeting. The meeting will take place virtually starting at 11:00 am Eastern, 8:00 am Pacific. This is the annual business meeting of the organization which will include the election of new Board members, we have two vacancies to fill this year. Are you collaborative, a visionary, and passionate about the profession? Reach out to learn more about joining the Board: nominations@cand.ca. The CAND Board meets in person twice a year and virtually an additional 2-3 times a year.

Stay tuned as we finalize the details of the CAND group benefits plan. We reviewed proposals from multiple providers to secure the best plan possible for members. We will announce the plan launch in the coming months which will include health, dental, disability, critical illness, and life insurance options with unbeatable discounts, exclusively designed for CAND members.

Don't forget to check out the events section at the bottom of the e-link for the upcoming webinars and more!

Veterans Affairs:

We have extended our Veterans Affairs Utilization Survey. Please click here to

**Veterans Affairs
Utilization Survey**



Advocacy in Action

Have your voice heard. A big part of the work of CAND is to advocate on behalf of the profession at the federal level. Here's what we have been working on:

Assembly of First Nations:



The CAND produced two briefs for the AFN, as they prepare a letter to the Minister requesting the inclusion of Naturopathic Medicine into the Non-Insured Health Benefits (NIHB). This is the next step following the resolution that was announced at the end of last year.

As requested, our briefs focused on two key themes: Firstly, evidence of the effectiveness and cost-benefit potential of naturopathic care in cardiovascular disease and diabetes, issues that disproportionately impact Indigenous Peoples. Secondly, Dr. Jessica Carfagnini ND, provided an evidence-backed brief on the synergies between naturopathic medicine and Indigenous healing practices.

You can read the CAND briefs here:

[January 31, 2025](#)

[February 3, 2025](#)

Natural Health Products (NHP):



We received the following synopsis of changes related to natural health products from the Natural and Non-Prescription Health Products Directorate. If you have any questions about how changes will impact you or your patients the Directorate is keen to hear from Naturopathic Doctors and answer your specific questions.

Email your questions to info@cand.ca – **subject line: NNPHP**. We will gather the questions and have them answered directly by the directorate in the coming months.

Improved NHP Labelling:

Following extensive consultations with stakeholders, amendments to the Natural Health Products Regulations were published on June 21, 2022, to make NHP labels easier for Canadians to read and understand, and to support them in safe product selection and use.

Key Elements of New NHP Labelling Requirements:

- Improved labelling of key allergens (Labelling of food allergens, gluten, added sulphites, and aspartame)
- Standardized Products Facts Table (Important product information is now required to be displayed in a standardized facts table)
- Clearly and prominently displayed label text (Improved legibility requirements including a minimum type size, font types, and contrast)
- Modernized contact information

Introducing NHP Cost Recovery:

Currently, Health Canada relies solely on public funding to fund regulatory services it provides to industry. Regulatory services for other health products are funded through a mix of revenues from fees and public funding.

Health Canada is proposing fees for industry to strengthen the NHP program and support its long-term sustainability.

On May 12, 2023, Health Canada published its [proposed fees for natural health products](#). The proposed fees fell into 3 categories:

- Pre-Market Evaluation: for the assessment of new products entering the Canadian market, or amendments to existing products
- Site Licences: for the assessment of facilities that manufacture, import, label, and package natural health products
- Right to Sell: for the ability to sell a product or products in Canada

Health Canada undertook public consultations on its fee proposal between May 12 – August 10, 2023. Informed by these consultations, Health Canada made significant [revisions to the proposed fees](#) and on March 27, 2024, published these revisions.

Stakeholders were invited to submit feedback on the revisions to the proposed fees using a feedback form that was open for a 60-day period, from March 27 to May 25, 2024. That input is being considered before the fees for NHPs become final. Final fees will be published in the Canada Gazette, Part II before implementation.



CAND Journal (CANDJ)



The official journal of the
**Canadian Association of
Naturopathic Doctors**

“The critical evaluation of third-party testing to verify product claims aligns with the increasing consumer demand for transparency and accountability in health product manufacturing.”

Remy D, Gratton A, Cooley K.

Featured Article:

Establishing a Unified Framework for Natural Health Product Quality: Insights from North American Naturopathic Practitioners

How can we ensure the reliability of natural health products (NHPs)? Our latest study dives into the subjective and empirical measures that naturopathic NDs use to assess multi-ingredient NHPs. Discover the key factors that define NHP quality and why sourcing from GMP-compliant manufacturers tops the list.

Login to read the full edition (Vol.31 No.4) at candjournal.ca

Don't forget to review our [archived issues](#) of the Journal as well as the [Editor Selections](#).

Do you have work that you would like to publish? Submit your manuscript to the CAND Journal and contribute to the growing knowledge base of naturopathic medicine today!



Follow the *CANDJ* on [LinkedIn](#), to stay informed and up to date with Journal news, issue notifications, the latest naturopathic research, and more!



Naturopathic Legacy Project

THE NATUROPATHIC LEGACY PROJECT

Multidisciplinary Advocacy for Naturopathic Medicine, Part 2



Kathryn E. Langley Hope fulfilled many roles at OCNM and for the naturopathic profession. At OCNM, she was an Adjunct Professor, Acting Dean during a time of administrative transition, and a founding member of the Board of Directors. In 1985, she attended the Pacific Northwest Naturopathic Convention in Calgary with Dr. John LaPlante, one of the founders of OCNM, to develop a full-time naturopathic educational program. She helped locate a Toronto home for OCNM when the Kitchener location was no longer sustainable. She was a consultant for naturopathic regulatory submissions in the late 1980's, and office manager for naturopathic clinics in Orillia and Tacoma, Washington.

She established K.E. Hope Consultants, focusing on practice, patient education and research for allopathic and complementary medical care, and founded Laser Hope Associates for low-intensity laser therapy.

Kathryn is the Honorary Chair Emerita of the NATO Association of Canada and recipient of the Queen's Diamond Jubilee Medal, the Order of St. George, and the Rotary Paul

Harris 3 Rubies Award for 'Service Above Self'.

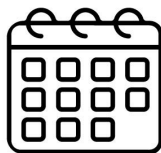
Her philanthropic work has helped so many. She continues as an inspirational speaker, focusing on youth and leadership in an ever-challenging world, and remains a stalwart advocate of Naturopathic Medicine.

Written by:
Dr. Daria Love, DC, ND and Dr. Pat Wales ND (retired)
Does anyone have photos of NDs in the past? Let us know!
drdarialove@gmail.com, pwalesnd@gmail.com

Find us on Facebook www.facebook.com/NaturopathicLegacyProject
Get involved--contact us: info@naturopathiclegacyproject.com



Events and Resources



For more events and details, please visit:
[Events - Canadian Association of Naturopathic Doctors](#)

Upcoming Events and Education

March

- **March 14th - 16th, Toronto, ON**: Mastering the Protocols for Optimization of Hormone Replacement Therapy - Part 1 of 4
- **March 27th, Online**: Nestle Health Sciences presents Paola DeCicco, ND

April

- **April 9h, Virtual**: CAND Townhall
- **April 12th - 13th, Vancouver, BC**: IV Nutrient Therapy – Foundational Certification Course
- **April 14th - 15th, Vancouver, BC**: IV Nutrient Therapy – Advanced Course

May

- **May 4th to 10th**: Naturopathic Medicine Week
- **May 30th - June 1st, Saskatoon, SK**: Saskatchewan Association of Naturopathic Doctors presents: Healing Skies Conference 2025

June

- **June 14th, Virtual**: CAND Annual General Meeting

April 12th & 13^h - Foundational
April 14th & 15th - Advanced
Vancouver, BC

IV Nutrient Therapy Principles
and Practices for Success

Web: theiv.ca/education
Email: iveducation@theiv.ca
for registration and course information



The Health Product InfoWatch is a monthly publication intended primarily for healthcare professionals. It provides clinically relevant safety information on pharmaceuticals, biologics, medical devices and natural health products.

January 2025
[Health Product InfoWatch](#)

February 2025
[Health Product InfoWatch](#)

Do you have a classified or an event to post for the profession?

Posting is free for all CAND members. To share an opportunity or event, please click the button below. More information can be found on our website under the **Events and Classified** section.

[Employment and Classifieds](#)

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Contact us:
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